



Športový klub Iglovia Spišská Nová Ves

invites you to swimming competition

Putovný pohár Slovenského raja

Organizer: Športový klub Iglovia Spišská Nová Ves

Date: 08.02. - 09.02.2020

Venue: Municipal swimming pool, Za Hornádom 13, Spišská Nová Ves, Slovakia

Pool: 25 m / 8 lanes, electronic timing

Entries : Entry forms to be send by email to: stk.vso@gmail.com , copy to: stankovaelena@post.sk

Entries deadline **30.01.2020** (Thursday)

Cancellations and changes deadline – 06.02.2020 (Thursday) by 8:00

Entry fee: 3,50 € / each individual start, relays – no fee

Check in: 08.02.2020 from 7.30 to 8.15 on the first floor of the swimming pool.

Regulations: The competition will be performed according to the SSF rules and this specification.
Organizer reserves the right to make changes to the schedule.

Competition rules: it is competition of individuals, relays and teams. All events will be evaluated directly in heats, without finals. Competitors will be seeded to the heats according to their entry times.

Awards: Competitors ranked 1–3 in each event and age group will be awarded with a medal and diploma. First three teams with the highest point score of individual events and relays will be awarded with a cup.

The team competition will be rated on a maximum of two competitors from each age group in each event from the same club according to their placement.

Pointing system:

- 1st place – 5 points,
- 2nd place – 4 points,
- 3rd place – 3 points,
- 4th place – 2 points,
- 5th place – 1 point.

Protests: Can be made by team leader within 15 min to a head referee with a deposit of 20 €.

Age groups:

	girls		boys
B	10 – 11 y. / 2009 - 2010	B	11 – 12 y. / 2008 - 2009
Z1	9 y. / 2011	M1	10 y. / 2010
Z2	8 y. / 2012	M2	9 y. / 2011
Z3	7 y. / 2013	M3	8 y. / 2012
Z4	6 y. and younger / 2014 and younger	M4	7 y. and younger / 2013 and younger

AG **B** – max. **4** individual starts per session, AG **Z1 – Z4** and **M1 – M4** – max. **3** individual starts per session.

Competition schedule

Saturday, 08.02.2020, 9.00				Saturday, 08.02.2020, 15.00			
8.00 - 8.45 warm up				14.00 - 14.45 warm up			
1.	200m	freestyle	boys B, M1, M2	12.	25m	breaststroke	girls Z3, Z4
2.	200m	freestyle	girls B, Z1, Z2	13.	25m	breaststroke	boys M3, M4
3.	50m	breaststroke	boys B, M1,M2,M3,M4	14.	100m	backstroke	girls B, Z1, Z2
4.	50m	breaststroke	girls B, Z1, Z2, Z3, Z4	15.	100m	backstroke	boys B, M1, M2
5.	100m	butterfly	boys B, M1, M2	16.	50m	freestyle	girls B, Z1, Z2, Z3, Z4
6.	100m	butterfly	girls B, Z1, Z2	17.	50m	freestyle	boys B, M1,M2,M3,M4
7.	25m	butterfly	boys M3, M4	18.	25m	backstroke	girls Z3, Z4
8.	25m	butterfly	girls Z3, Z4	19.	25m	backstroke	boys M3, M4
9.	200m	breaststroke	boys B, M1, M2	20.	200m	breaststroke	girls B, Z1, Z2
10.	4x25m	freestyle	mix Z3+Z4+M3+M4	21.	4x25m	medley	mix Z3+Z4+M3+M4
11.	4x50m	freestyle	mix B, Z1+Z2+M1+M2	22.	4x50m	medley	mix B, Z1+Z2+M1+M2

Sunday, 09.02.2020, 9.00			
8.00 - 8.45 warm up			
23.	200m	backstroke	boys B, M1, M2
24.	200m	backstroke	girls B, Z1, Z2
25.	25m	freestyle	boys M3, M4
26.	25m	freestyle	girls Z3, Z4
27.	100m	breaststroke	boys B, M1, M2
28.	100m	breaststroke	girls B, Z1, Z2
29.	50m	butterfly	boys B, M1,M2,M3,M4
30.	50m	butterfly	girls B, Z1, Z2, Z3, Z4
31.	100m	individual medley	boys B, M1, M2
32.	100m	individual medley	girls B, Z1, Z2
33.	50m	backstroke	boys B, M1,M2,M3,M4
34.	50m	backstroke	girls B, Z1, Z2, Z3, Z4
35.	100m	freestyle	boys B, M1, M2
36.	100m	freestyle	girls B, Z1, Z2

Accommodation and meals:

Will be provided by the organizer based on binding written reservation sent by **30.01.2020** (Thursday) (breakfast – 5 €, lunch – 5 €, dinner - 5 €, accommodation – 20-25 €/person/night).

For more information contact Mrs. Stanková – stankovaelena@post.sk

Cancellations and changes deadline – 06.02.2020 (Thursday) by 8:00. After this deadline all ordered accommodation and meals must be paid.