Program MEJ Helsinki 2018

Wednesday 4th July - Heats 9:30

Women 50 m Breaststroke – Preliminary
Men 50 m Butterfly – Preliminary
Women 100 m freestyle – Preliminary
Men 400 m Freestyle – Preliminary
Women 200 m Butterfly – Preliminary
Men 100 m Backstroke – Preliminary
Women 400 m Medley – Preliminary
Women 200 m Breaststroke – Preliminary
Women 200 m Backstroke – Preliminary
Women 4x100 m Freestyle – Preliminary
Woman 4x100 m Freestyle – Preliminary
Women 800 m Freestyle – Slow Heats

Thursday 5th July - Heats 9:30

Men 100 m Freestyle – Preliminary
Women 400 m Freestyle – Preliminary
Men 200 m Butterfly – Preliminary
Women 200 m Breaststroke – Preliminary
Men 200 m Medley – Preliminary
Mixed 4x100 m Freestyle – Preliminary
Men 1500 m Freestyle - Slow Heats

Friday 6th July - Heats 9:30

Women 50 m Backstroke – Preliminary
Men 50 m Breaststroke – Preliminary
Women 200 m Freestyle – Preliminary
Men 200 m Backstroke – Preliminary
Women 100 m Butterfly – Preliminary
Men 4x200 m Freestyle – Preliminary
Women 4x100 m Medley – Preliminary
Women 1500 m Freestyle - Slower Heats

Saturday 7th July - Heats 9:30

Women 50 m Freestyle – Preliminary
Men 50 m Backstroke – Preliminary
Women 100 m Backstroke – Preliminary
Men 200 m Freestyle – Preliminary
Women 200 m Medley – Preliminary
Men 100 m Butterfly – Preliminary
Women 100 m Breaststroke – Preliminary
Men 100 m Breaststroke – Preliminary
Men 100 m Breaststroke – Preliminary
Mixed 4x100 m Medley – Preliminary
Men 800 m Freestyle – Slower Heats

Sunday 8th July - Heats 9:30

Men 50 m Freestyle – Preliminary Women 50 m Butterfly – Preliminary Men 400 m Medley – Preliminary Women 4x200 m Freestyle – Preliminary Men 4x100 m Medley – Preliminary