

Masters Swimming Club Žilina

invites all 20+ swimmers

to IV. international masters swim meeting

CUP OF ŽILINA



Organizer: PSK Žilina

Dates: 24.10.2015 – 25.10.2015

Venue: Municipal swimming pool, Vysokoškolákov 8, Žilina, Slovakia

Swimming pool: indoor 50m pool, 8 lanes, electronic timing OMEGA

Entries: via email to: psk.masterszilina@gmail.com. Deadline – 16.10.2015. Entries must contain name and surname, club, country, date of birth, sex, event number, name of event, entry time.

Entries in LXF file or MS Excel.

Cancellations and changes will be accepted by 22.10.2015.

Entry fee: 1 entry – 5€, 2 and more entries – 3€/each entry, relays – 5€/each relay.
Entry fee to be paid cash at check in.

Check in: 24.10.2014 from 18.00 – 20.00
25.10.2014 from 11.00 – 12.30

Informations: Ing. Juraj Jaroš, +421 903 545 543

Web: www.pskzilina.sk, www.swimmsvk.sk

Live results: <http://www.swimrankings.net/index.php?page=CalendarDetail&CalendarId=91871192>

Regulations: competition will be performed according to the SSF rules and this specification. Organizer reserves a right to make changes to the schedule. Competitors will be seeded to the heats according to their entry times. All events will be evaluated directly in heats, without finals.

Protests: protest can be made by team leader within 15 minutes after occurrence to the head referee in a written form with a deposit of 20€. In case of rejection, the deposit stays with the organizer.

Terms of participation: swimmers registered for 2015 in their national swimming federation can compete. All swimmers participates at their own risk and are responsible for their health.

Age groups: individuals - 20 - 24, 25 - 29, 30 - 34, 35 - 39, 40 - 44, 45 - 49, 50 - 54,
relays - 80 - 99, 100 - 119, 120 - 159, 160 - 199, 200 - 239, 240+

Awards: First three swimmers in each individual event and each age group (based on masters point tables) will be awarded with a medal. First three relays in each relay event and each age group will be awarded with a medal.

Swimmers (1 man and 1 woman) with the most valuable performance of all age groups and events will be awarded with a Cup of Žilina.

PROGRAM

Saturday, 24.10.2015, 14.00		Sunday, 25.10.2015, 9.00	
Warm up 13.00 - 13.50		Warm up 8.00 - 8.50	
1./2.	50m freestyle M/W	16./17.	100m freestyle M/W
3./4.	100m breaststroke M/W	18./19.	50m breaststroke M/W
5./6.	200m freestyle M/W	20./21.	400m freestyle M/W
7./8.	100m backstroke M/W	22./23.	50m backstroke M/W
9./10.	50m butterfly M/W	24./25.	100m butterfly M/W
11./12.	200m individual medley M/W	26.	4x50m freestyle relay mix
13.	4x50m medley relay mix	27./28.	4x50m medley relax M/W
14./15.	4x50m freestyle relay M/W		

Social event: 24.10.2015 in Hotel Slovakia (Nám. Ľ. Štúra 2, Žilina) PSK Žilina organizes a friendly evening event accompanied with dinner, music, raffle and fun (13€ per person).

If you are interested to participate, please inform us together with your entries.

Accommodation: Hotel Slovakia, Nám. Ľ. Štúra 2, Žilina, www.hotelslovakiazilina.sk. Reservations to be made by clubs directly at the hotel reception. Monitored parking available.

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